



 Kinetic Letters[®]
making hand-writing easy for everyone

WHAT IS KINETIC LETTERS ?



- Kinetic letters is a program which teaches children how to form letters correctly, quickly and with confidence.
- As handwriting becomes fluent, children think less about handwriting allowing more time to think about the content of writing.
- Handwriting becomes automatic.

How do we teach Kinetic Letters ?

There are 4 strands of kinetic letters which we work through

RED - making bodies stronger

GREEN - holding a pencil correctly

YELLOW - letter formation

BLUE - writing with fluency (speed)



The red strand – making bodies stronger

Develops gross and fine motor skills – whole class and individual targets:



- Dough gym'
- 'Finger gym'
- Clapping games
- Climbing apparatus
- Crawling, tunnels



The red strand: Animal poses we use at school to make our bodies stronger



There are lots of opportunities to make our bodies stronger at home using these poses.

- Watching TV/Ipad
- Playing a game
- Reading a book

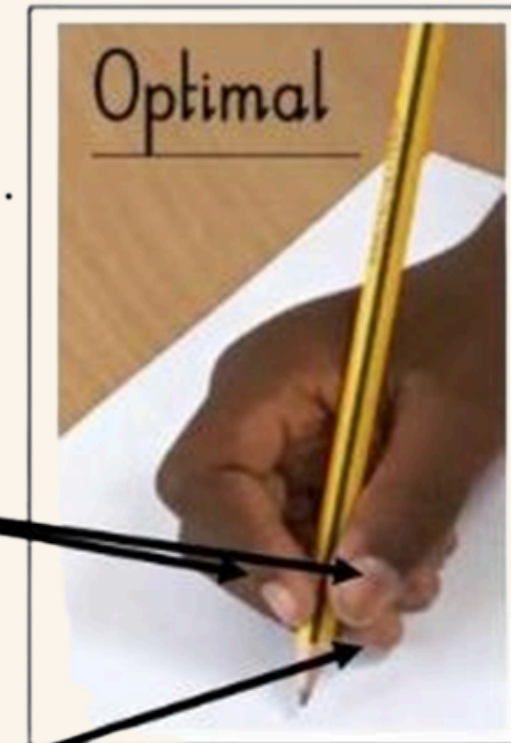
Green strand: holding a pencil correctly

Pencil Hold

We teach the children the "three friends hold".

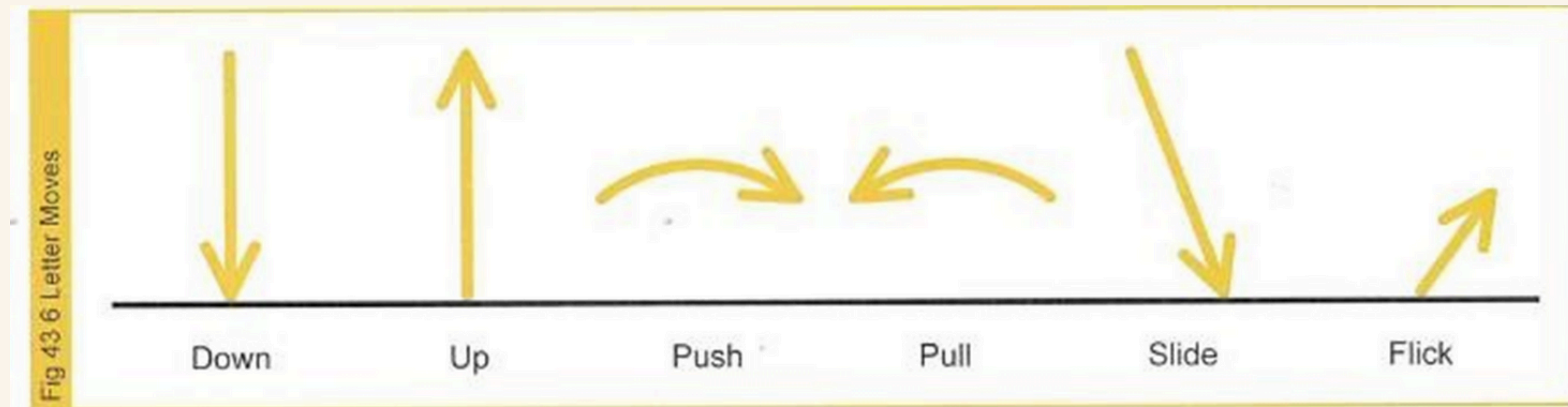
The thumb and first finger sit on top of the pencil

The third finger is called the pillow finger and sits underneath the pencil



Yellow strand: letter formation

The 6 letter moves: 'move it say it'



Fisher Family

g j y f

Down, on-down and Pull around (to catch the fish).

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Abacadabra Family

c o a d g q s

Pull around and Push. abracadabra

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Jumper Family

h b

r n m p

Down-bump, Back up, Push over.

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Slider Family

k

v w x z

Slide.

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Window Cleaner Family

l t

i u

Down-bump, Flick (the water off).

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Special Squirter

e

Push across. Up. Pull around and Push (along the ground).

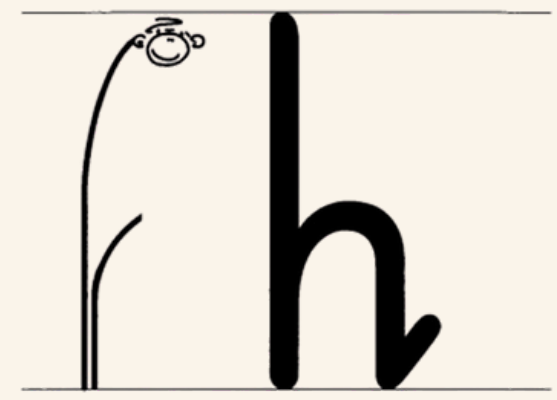
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 Kinetic Letters®

Jumper Family

h b r n m p



Down-bump,
Back up,
Push over,
Down-bump,
Flick

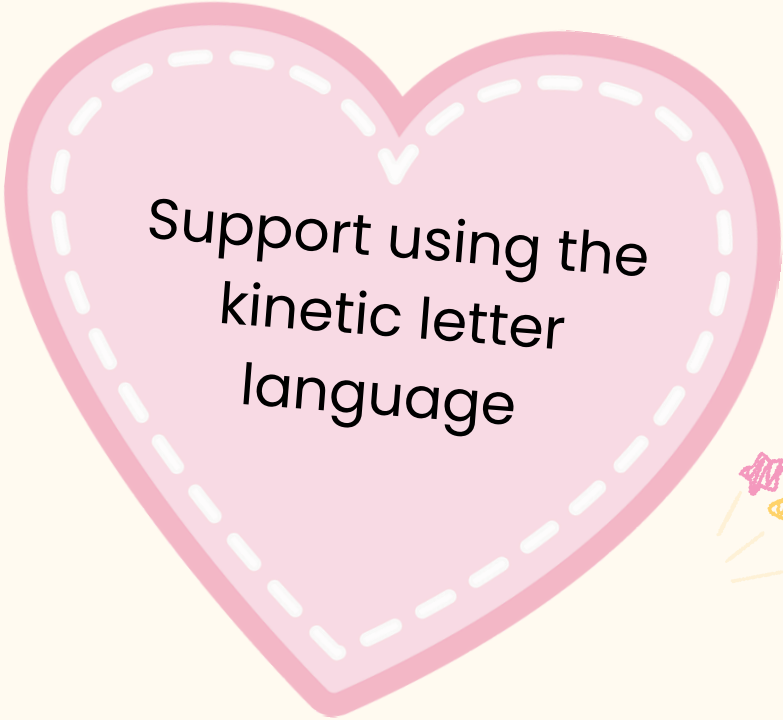

Practise the letter on the lines below, starting alongside the tree.

Four sets of horizontal lines for handwriting practice. Each set starts with a small tree icon on the left side, corresponding to the 'tree' mentioned in the instruction above.






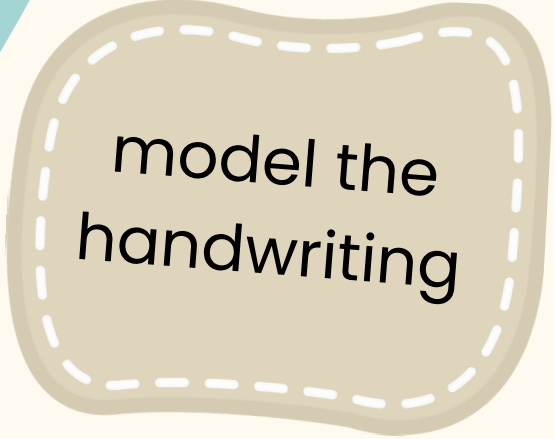

lots of praise
and
encouragement



Support using the
kinetic letter
language

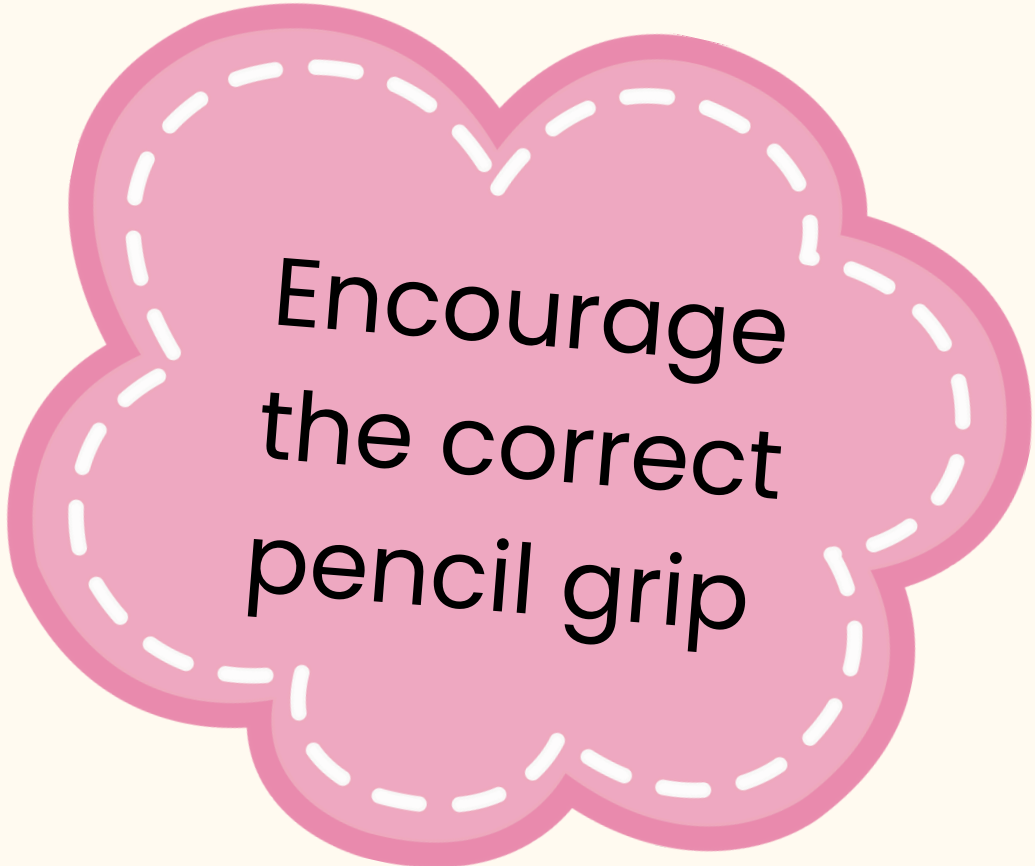



opportunities
to write



model the
handwriting



HOW CAN YOU HELP?




Encourage
the correct
pencil grip



Encourage the
use of animal
positions



Give them
opportunities
make their bodies
stronger





ANY QUESTIONS!

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