



 Kinetic Letters®
making hand-writing easy for everyone

WHAT IS KINETIC LETTERS ?



- Kinetic letters is a program which teaches children how to form letters correctly, quickly and with confidence.
- As handwriting becomes fluent, children think less about handwriting allowing more time to think about the content of writing.
- Handwriting becomes automatic.



How do we teach Kinetic Letters ?

There are 4 strands of kinetic letters which we work through

RED - making bodies stronger

GREEN - holding a pencil correctly

YELLOW - letter formation

BLUE - writing with fluency (speed)



The red strand – making bodies stronger

Develops gross and fine motor skills – whole class and individual targets:



- Dough gym'

- 'Finger gym'

- Clapping games

- Climbing apparatus

- Crawling, tunnels



The red strand: Animal poses we use at school to make our bodies stronger



There are lots of opportunities to make our bodies stronger at home using these poses.

- Watching TV/Ipad
- Playing a game
- Reading a book

Green strand: holding a pencil correctly

Pencil Hold

We teach the children the "three friends hold".

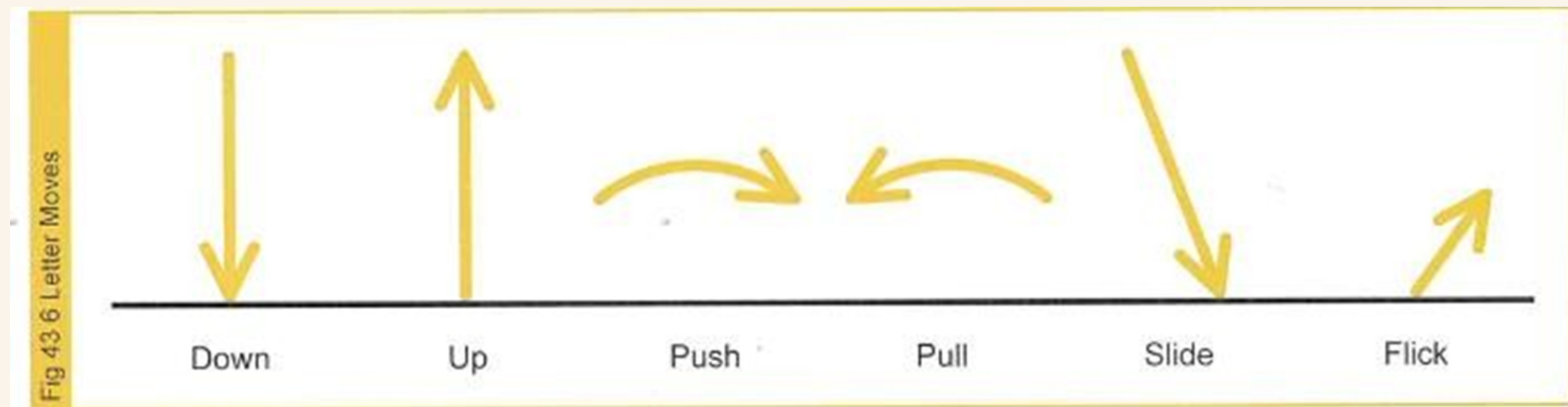
The thumb and first finger sit on top of the pencil

The third finger is called the pillow finger and sits underneath the pencil



Yellow strand: letter formation

The 6 letter moves: 'move it say it'





Fisher Family



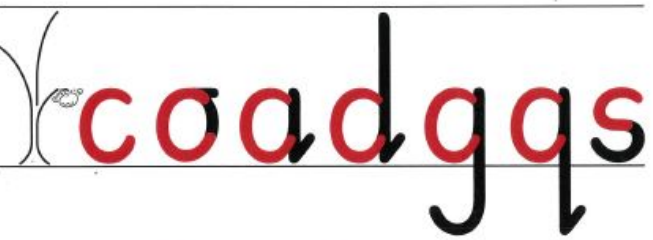


Down, on-down and
Pull around
(to catch the fish).

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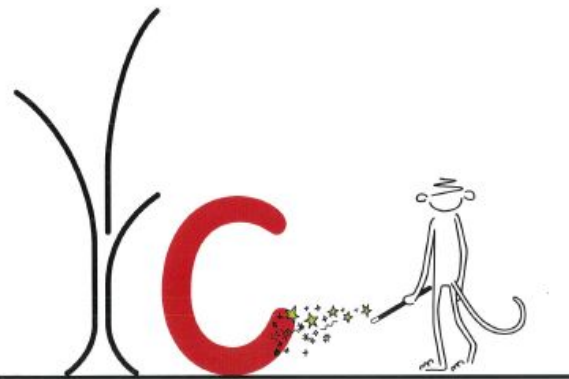


Abracadabra Family



Pull around and
Push.

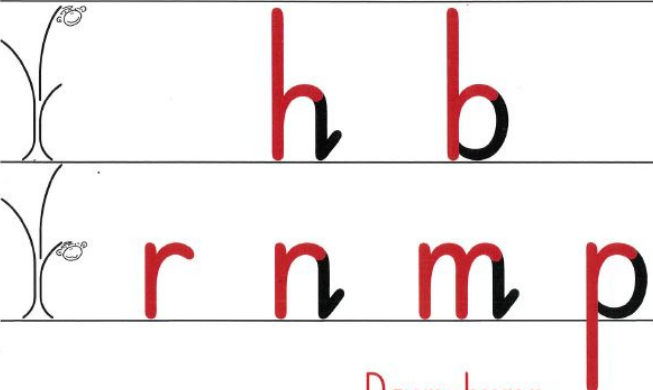
abracadabra



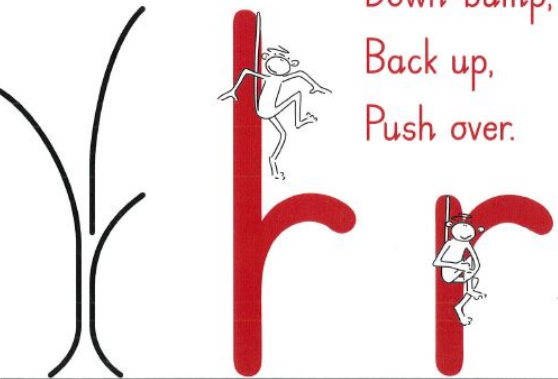
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Jumper Family



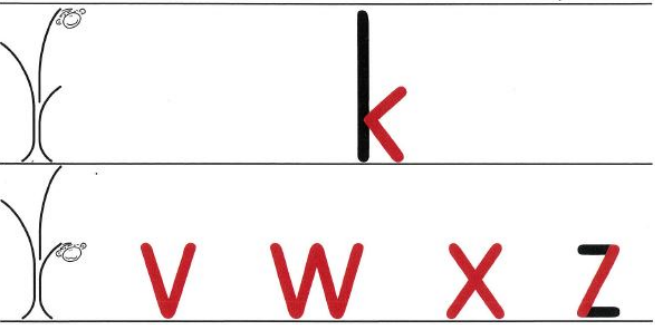
Down-bump,
Back up,
Push over.



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Slider Family



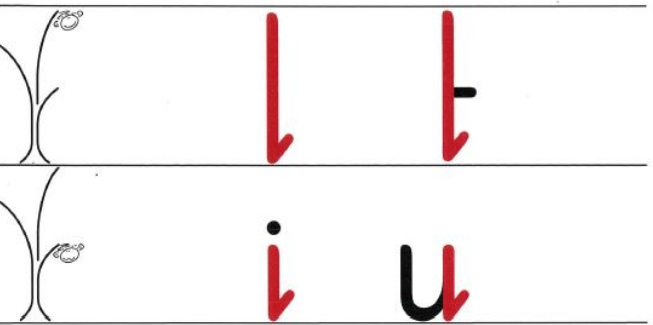
Slide.



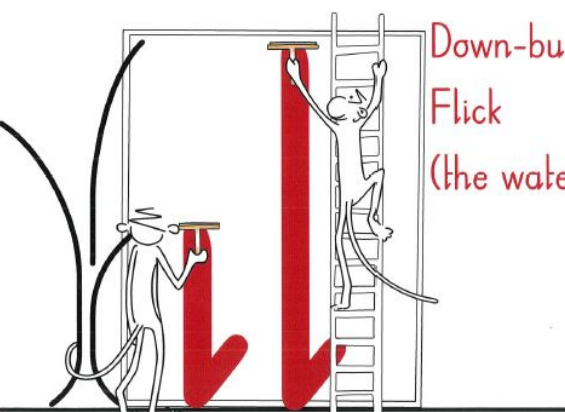
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Window Cleaner Family



Down-bump,
Flick
(the water off).



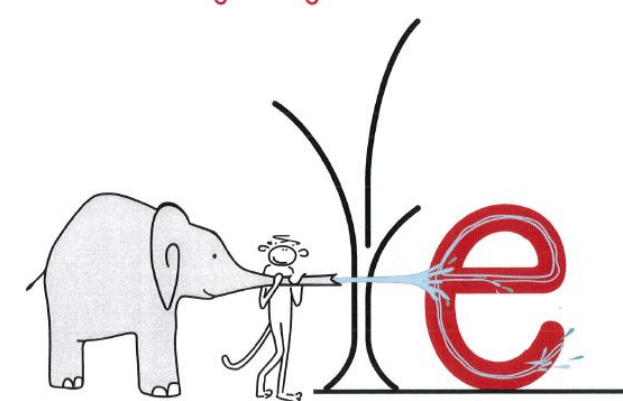
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Special Squirter



Push across.
Up. Pull around and Push
(along the ground).



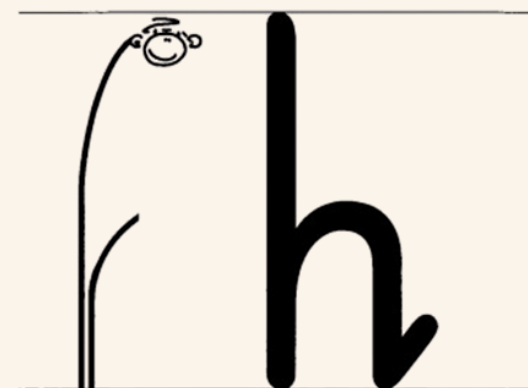
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Kinetic Letters®

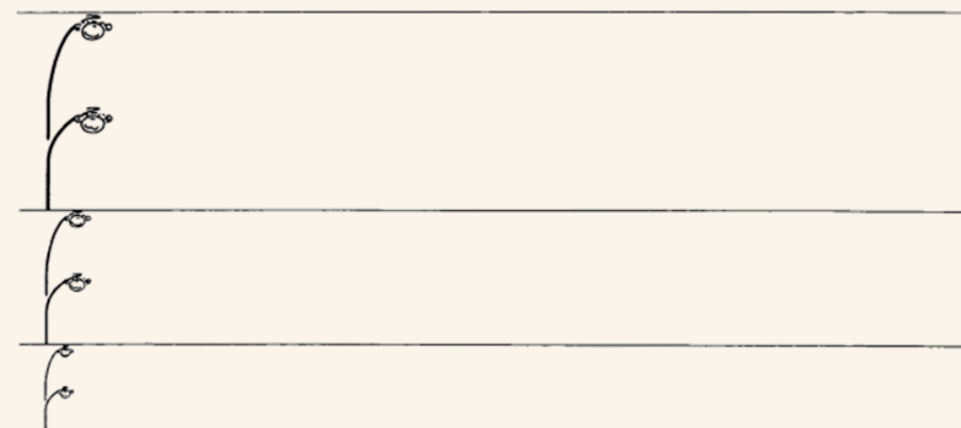
Jumper Family

h b r n m p



Down-bump,
Back up,
Push over,
Down-bump,
Flick

Practise the letter on the lines below, starting alongside the tree.





lots of praise
and
encouragement



Support using the
kinetic letter
language



opportunities
to write



model the
handwriting

HOW CAN YOU HELP?



Encourage
the correct
pencil grip



Encourage the
use of animal
positions



Give them
opportunities
make their bodies
stronger





ANY QUESTIONS!

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