

BLOWERS GREEN  
PRIMARY  
Dudley

# LUNCHTIME MENU

## WEEK 1

V VEGAN H HALAL V VEGETARIAN

### MONDAY

#### MAIN

##### Beef Bolognese Pasta

Beef cooked in a Bolognese Sauce served with Pasta Served with Sweetcorn.

##### Vegetable and Rice Enchilada V

A white Tortilla filled with and Vegetables served with Sweetcorn.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Chocolate and Banana Brownie

Yoghurts

### TUESDAY

#### MAIN

##### Chicken Curry H

Chicken Bhuna served with 50/50 Rice and Naan bread.

##### Mac 'n' Cheese V

Macaroni Cheese Pasta served with Cauliflower or Broccoli

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Iced Vanilla Sponge and Custard

Jelly

### WEDNESDAY

#### MAIN

##### Sausage Roast Dinner H & Non-Halal Available

Pork or Chicken Sausage served with Roast Potatoes, Yorkshire Puddings, Green Beans and Gravy.

##### Cheese, Leek & Potato Pie V

Cheese, Leek and Potato Pie served with Green Beans.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Frosted Carrot Cake

Yoghurts

### THURSDAY

#### MAIN

##### Cheese and Tomato Pizza V

Served with Oven Baked Potato Cubes and Carrots

##### Quorn Bolognese with Pasta V

Beef cooked in a Bolognese Sauce served with Pasta Served with Carrots.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Strawberry Cheesecake

Jelly

### FRIDAY

#### MAIN

##### Fish and Chips

Battered Fish served with Chips, Peas and Curry Sauce.

##### Quorn Burger V

Quorn Burger Served with Chips and Peas.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Jam Doughnut

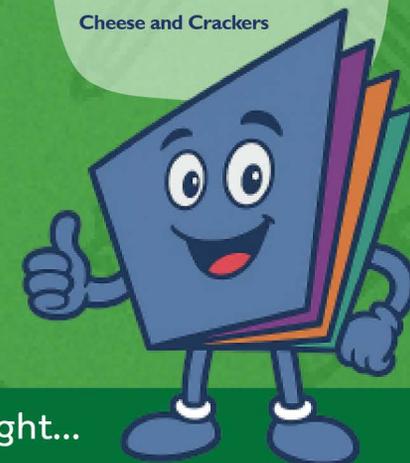
Cheese and Crackers

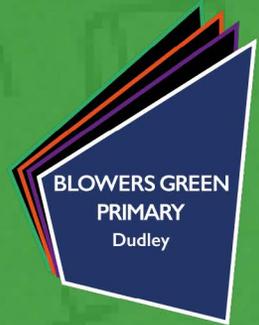


A selection of fresh fruit will be available every day

Allergen Information is available from the Catering Manager

food for thought...





BLOWERS GREEN  
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# LUNCHTIME MENU

## WEEK 2

**V** VEGAN **H** HALAL **V** VEGETARIAN

### MONDAY

#### MAIN

##### Spaghetti Carbonara

Spaghetti in a creamy sauce with bacon and cheese served with Cauliflower or Broccoli.

##### Vegetable Chilli with Rice **V**

Vegetable Chilli with 50/50 rice served with Cauliflower or Broccoli.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Cherry Cake and Custard

Yoghurts

### TUESDAY

#### MAIN

##### Beef Lasagne **H**

Layers of pasta with beef, tomato sauce, and melted cheese, served with Garlic Bread and Carrots.

##### Sweet Potato Curry **V**

Served with 50/50 Rice, Naan Bread and Carrots

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Chewy Chocolate Oat Squares

Jelly

### WEDNESDAY

#### MAIN

##### Hotdog and Wedges **H** & Non-Halal Available

Pork or Chicken Hotdog served with Seasoned Wedges and Sweetcorn.

##### Cheese & Onion Roll **V**

Cheese and Onion Roll served with Seasoned Wedges and Sweetcorn.

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Iced Banana Cake

Yoghurts

### THURSDAY

#### MAIN

##### Cheese & Tomato Pizza **V**

Cheese & Tomato Pizza Slice served with Potato Cubes and Green Beans.

##### Salmon and Tomato Pasta Bake

Salmon and Tomato Pasta Bake served with Green Beans

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham, Tuna Mayonnaise, Egg Mayonnaise or Chicken Mayonnaise

#### DESSERT

Chocolate and Raspberry Mousse

Jelly

### FRIDAY

#### MAIN

##### Chicken Nuggets or Popping Chicken **H** & Non-Halal Available

Chicken Nuggets or Popping Chicken served with Chips and Peas.

##### Vegan Dippers **V**

Served with Chips and Peas

##### Jacket Potato

with either Cheese, Beans or Tuna Mayonnaise

##### Sandwiches

with either Cheese, Ham or Tuna Mayonnaise

#### DESSERT

Gingerbread Man

Cheese and Crackers



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food for thought...

