

Year 5

Being Me in My World

Planning the forthcoming year
Being a citizen
Rights and responsibilities
Rewards and consequences
How behaviour affects groups
Democracy, having a voice
Participating

Celebrating Difference

Cultural differences and how they can cause conflict
Racism
Rumours and name-calling
Types of bullying
Material wealth and happiness
Enjoying and respecting other cultures

Dreams and Goals

Future dreams
The importance of money, jobs and careers
Dream job and how to get there
Goals in different cultures
Supporting others (charity)
Motivation



Healthy Me

Making healthy choices
Substance risks and safety
Emergency aid
Body image
Relationships with food
Healthy choices
Motivation and behaviour

Relationships

Self-recognition and self-worth
Building self-esteem
Safer online communities
Rights and responsibilities online
Online gaming and gambling
Reducing screen time
Online safety
SMARRT internet safety rules

Changing Me

Self and body image
Changes and looking after yourself
Growing responsibility
Coping with change
Preparing for transition into year 6

