

Year 1

Being Me in My World

Feeling special and safe
Being part of a class
Rights responsibilities
Rewards and feeling proud
Consequences
Owning the Learning Charter

Celebrating Difference

Similarities and differences
Understanding bullying and knowing how to deal with it
Making new friends
Celebrating the differences in everyone

Dreams and Goals

Setting goals
Identifying successes and achievements
Learning styles
Working well and celebrating achievement
Tackling new challenges
Identifying and overcoming obstacles
Feelings of success



Healthy Me

Keeping myself healthy
Healthier lifestyle choices
Keeping clean
Being safe
Medicine safety / safety with household items
Road safety
Linking health and happiness

Relationships

Belonging to a family
Making friends/being a good friend
Physical contact preferences
People who help us
Qualities as a friend and person
Self-acknowledgement
Celebrating special friendships

Changing Me

Animal and human life cycles
Changes in me
Changes since being a baby
Differences between female and male bodies
Linking growing and learning
Coping with change
Transition



Jigsaw!